



5th Weekend of Ordinary Time  
February 7, 2026  
Responses of the people are indicated in ***bold/italics***.

**Light of Christ**  
A BOLDLY INCLUSIVE CATHOLIC CHURCH

Welcome and announcements:

Opening Song: # 735 Gather 'Round This Table

Gather 'Round This Table

Verse

*Cantor:*



1. Come, gath - er 'round this ta - ble, all you from far and near,  
2. O come and join the ban - quet, ho - ly and hap - py feast,  
3. And here we taste sal - va - tion, break now the bless-ed bread;  
4. The cup of God's own glad - ness, sweet and a - bun-dant wine,  
5. And here we share the sto - ries an - cient and ev - er new,



gath - er 'round this ta - ble, for all are wel - come  
God has spread a ban - quet where the great - est shall be  
joined with all cre - a - tion, ev - 'ry hun - ger shall be  
saved from sin and sad - ness, let your spir - its bright - ly  
cross and crown and glo - ry, our death and life a -



here, yes all are wel - come here.  
least, the great - est shall be least.  
fed, all hun - gers shall be fed.  
shine, all spir - its bright - ly shine.  
new, our death and life a - new.

Refrain



Bless - ed are they who will feast in the Reign of God.



Bless-ed are they who will share the bread of life.



Bless-ed are they who are least in the Reign of God;



they shall re - joice at the feast of life.

**Invocation and Introduction:**

Teri: Let us continue as one expression of God's people.  
+ Father, Son, Holy Spirit. **Amen.**

Teri: May the Love of God, the peace of our brother Jesus, and the communion and friendship of the Holy Spirit be with you all.

**And also with you.** (Adlib.)

**Penitential Rite:**

God, You speak and all of creation comes into being, and you respond by saying "it is good".

Lord, have mercy. **Lord, have mercy.**

Jesus, You notice us and your touch offers healing.

Christ have mercy. **Christ, have mercy.**

Spirit, Your gift of reconciliation is a gift with both receive and share.

Lord, have mercy. **Lord, have mercy.**

Teri: Hear the Good News! Christ's life, death and resurrection have revealed life eternal for you. Your sins are forgiven. Be refreshed and renewed + in the name of God, in the name of Love, in the name of New Life. Together now we pray. **Amen.**

**Gloria:**

Teri: Let us grab those holy noisemakers, singing our Glory to God.

Mass of Welcoming  
Glory and Praise in C

MJS  
Text by  
Fr. Teri Harroun

Intro

REFRAIN

Bless - ed are you O  
God Glo - ry and praise for - ev - er

VERSE 1

Praise - wor - thy and ex - al - ted for - ev - er and  
bless-ed is your ho - ly and glo - ri - ous name for all a - ges!

To REFRAIN

VERSE 2

Bless - ed are you on the throne of your kin(g) dom\_\_\_\_ Glo - ry and praise for -  
ev - er

Bless - ed are you who look in - to the depths

Bless - ed are you O God

To REFRAIN

**Opening Prayer:**

Teri: Let us pray..... God, through your Word and your grace, guide us. Help us to understand how our thoughts and prayers become grace in action. Break us free from anything that holds us back from doing Your Will, and challenge us to be a community where your Light shines.

In Jesus' name we pray: ***Amen.***

Teri: Let us all be seated, as we listen to our Scripture again as if for the first time.

**Liturgy of the Word**

**First Reading:**

Our First Reading is from the Prophet Isaiah (58:7-10)

Share your bread with those who are hungry,  
and shelter homeless poor people;

clothe those who are naked,  
and do not hide from the needs  
of your own flesh and blood.

Do this and your light will shine like the dawn,  
your healing will break forth like lightning!

Your integrity will go before you  
and the glory of ADONAI will be your rearguard.

Cry, and ADONAI will answer;  
call, and ADONAI will say, “I am here”—  
provided you remove from your midst all oppression,  
finger pointing, and malicious talk.

If you give yourself to the hungry  
and satisfy the needs of the afflicted,  
then your light will rise in the darkness,  
and your shadows will become like noon.

This has been a Reading from Prophet Isaiah.  
**Thanks be to God.**

Psalm 112 : spoken response: ***For the upright, Our God shines like a lamp in the dark.***

Second Reading:

A Reading from the First Letter to the Corinthians (2:1-5)

As for myself, sisters and brothers, when I came to you I did not come proclaiming God's testimony with any particular eloquence or wisdom. No, I determined that while I was with you I would know nothing but Jesus Christ—Christ crucified. When I came among you, it was in weakness and fear, and with much trepidation. My message and my preaching did not rest on philosophical arguments, but on the convincing power of the Spirit. As a consequence, your faith rests not on human wisdom, but on the power of God.

This has been a reading from the First Letter to the Corinthians.  
**Thanks be to God.**

# Mass of Welcoming Gospel Acclamation

MJS

Intro

Al - le - lu - ia al - le - lu - ia al - le -

1. 2.

lu - ia ia Speak O Lord, your people are

list-'ning You have the words of ev-er-last - ing life

Final REFRAIN

Al - le - lu - a al - le - lu - a al - le - lu - ia

## Gospel Reading:

Alleluia, Alleluia. ***Alleluia, Alleluia.***

Ter: May Christ be with you all. ***And also with you.***

Teri: A Reading from the holy Gospel according to Matthew (5:13-16)

***Glory to You, O God.***

Jesus said to the disciples, "You are the salt of the earth. But what if salt were to lose its flavor? How could you restore it? It would be fit for nothing but to be thrown out and trampled underfoot.

"You are the light of the world. You do not build a city on a hill, then try to hide it, do you? You do not light a lamp, then put it under a bushel basket, do you? No, you set it on a stand where it gives light to all in the house. In the same way, your light must shine before others so that they may see your good acts and give praise to your Abba God in heaven."

This has been a reading from the Gospel according to Matthew.

***Praise to you, Jesus the Christ.***

Homily: Teri

Prayers of the People:

Our response today is: God, help us be Your light in the world. **God, help us be Your light in the world.**

For our Nation, that we might see Christ in our neighbor and protect and care for each other. We pray: **God, help us be Your light in the world.**

For the Church, our family of faith, and for all those who strive to live in ways that love our neighbors. May we be a shining beacon for others. We pray: **God, help us be Your light in the world.**

For those who struggle, who feel lost, alone or abandoned. For those who fear that they must stay hidden. We pray for those who need prayers but don't know how to ask. May they know Your presence and love. We pray: **God, help us be Your light in the world.**

For those who are sick, (especially\_\_\_\_). that they may know the healing touch of God's grace. We pray: **God, help us be Your light in the world.**

For those who have died, (especially\_\_\_\_). May they enjoy eternal peace and rest with You. And for those who mourn a loss, that they may know Your presence in these tender times. We pray: **God, help us be Your light in the world.**

Now, Fr. Teri will lead us in the prayers that have been typed in the comments.....(PAUSE....) For these and for all the prayers we share through our hearts, we pray: **God, help us be Your light in the world.**

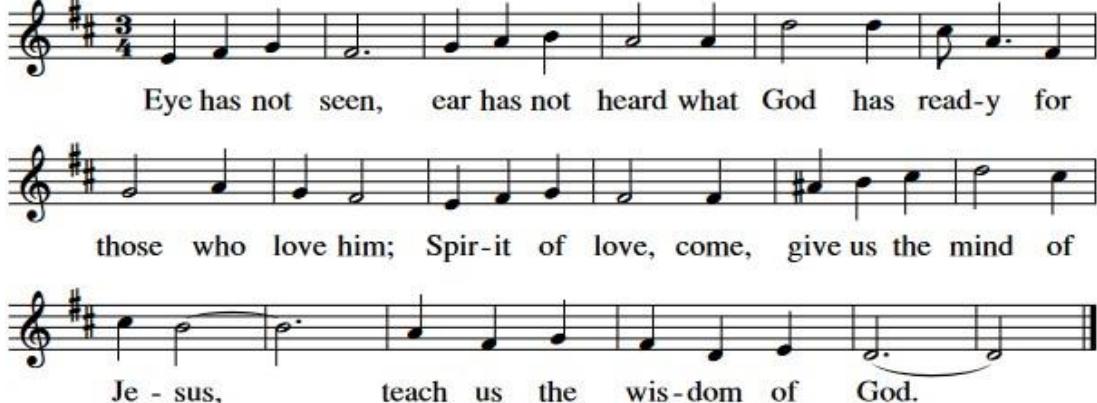
A Brackett: In addition, Prayer Partners will be available after Mass here in the Sanctuary by the back altar. For those at home, or those who have a prayer to share during the week, you can email our Prayer Companion Team at [prayercompanionteam@lightofchristecc.org](mailto:prayercompanionteam@lightofchristecc.org) and someone will reach out to you. These prayer ministries welcome and invite you, in confidence, to share your concerns in more detail or depth, or even to pray for you when you can't find the words.

Sign of Peace:

## Offertory: # 616 Eye Has Not Seen

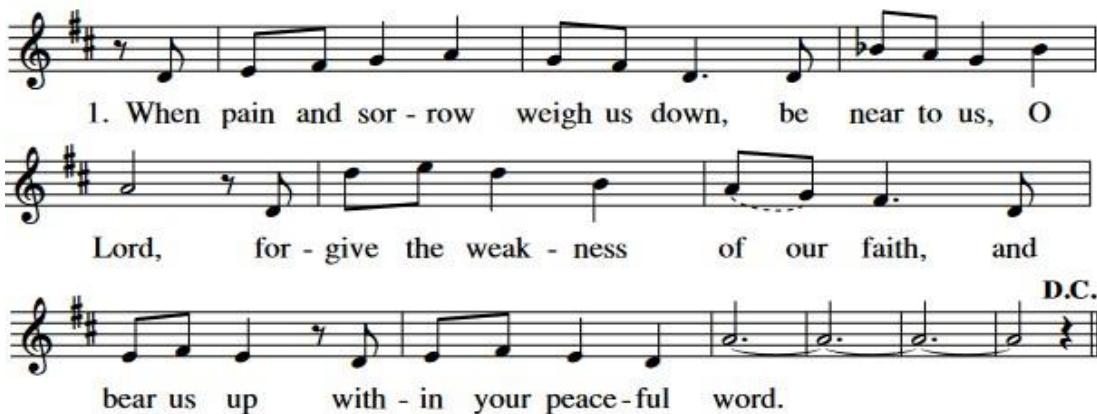
Refrain

### Eye Has Not Seen



Eye has not seen, ear has not heard what God has ready for  
those who love him; Spirit of love, come, give us the mind of  
Jesus, teach us the wisdom of God.

Verse 1



1. When pain and sor - row weigh us down, be near to us, O  
Lord, for - give the weak - ness of our faith, and  
bear us up with - in your peace - ful word. **D.C.**

Text: 1 Corinthians 2:9-10; Marty Haugen, b.1950  
Tune: Marty Haugen, b.1950  
© 1982, GIA Publications, Inc.

Teri: Blessed are you, Loving God of all Creation, through your goodness we have this bread and this wine and other food from our cupboards to place on your tables. Work of earth and human hands. May these be-come our spiritual food and drink. ***Blessed be God forever.***

Teri: Blessed are you, Loving God of all Creation. Through your goodness we have these gifts to place on your table. These gifts have sometimes traveled through the mail to get here, and other times through pockets, purses, and backpacks. They represent our entire lives. May they be-come the Light of Christ in your world. ***Blessed by God forever.***

Teri: Pray my sisters and brothers, my family, that these our gifts, our lives may continue to be blessed by our Loving God.

ALL: **May God accept the sacrifice at our hands, for the praise and glory of God's name, for our good and the good of all God's world.**

Teri: Let us all rise in body or spirit.

Teri: The peace of our God be with you all. **And also with you.**

Teri: Open your hearts. **We open them to our God.**

Teri: Let us give thanks to our Loving God. **It is right to give God thanks and praise.**

Eucharistic Prayer:

(Adapted, from [www.rockies.net](http://www.rockies.net), Rev. Richard Fairchild, 2004)

Teri:

“Gracious God,  
you have so richly blessed us with life,  
with love and joy,  
with hope in the midst of despair.  
Help us to be the salt of the earth.  
Help us to be the light of the world,  
sharing with others that which we have received,  
boldly proclaiming the good news of your love,  
finding the seeds of your kingdom within us  
and letting your way grow in our lives and throughout the world.”  
(John W. Vest)

Now with those who are blessed; with the meek and the mourning, with the peacekeepers and the poor in spirit, with the choirs of angels, the shepherds who sing with them, and all of creation, we are glad to sing your praise:

Mass of Welcoming  
Holy, Holy, Holy

MJS  
Text by  
Fr. Teri Harroun

Intro

Ho - ly ho - ly ho - ly One God of pow-er and  
love hea - ven and earth are full of your glo - ry Ho -  
san - na in the high - est Bless - ed is the  
One who comes in the name of this Ho - ly One Ho - san - na in the  
high - est. Ho - san - na in the high - est.

THE WORDS OF INSTITUTION

Teri: God of Water and Wine, You are most Holy. Send your Holy Spirit upon us, and what we do here gathered at tables throughout your world knowing that all tables are Your Table. May we be touched by your Spirit, to be signs of love and peace to one another, and to the world. + Let also your Spirit come upon these gifts of bread and wine, food before us, to make them holy so that they may become for us the Body and Blood of our brother, Jesus the Christ.

Today, we gather to remember that on the night before he died, Jesus ate with his followers and his friends. We recall how he took a loaf of bread, and after blessing it, he broke it, and gave it to them saying - **"Take this all of you and eat it. This is my body which will be given up for you."**

That same night, Jesus also took the cup filled with wine, and after giving thanks, passed it to his disciples, saying, **"Take this all of you and drink from it. This is the cup of my blood. The blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me. "**

Teri: Let us proclaim the mystery of faith.....

## Mass of Welcoming Rising You Revealed New Life

MJS  
Text by  
Fr. Teri Harroun

Intro



Dy - ing You de - stroyed our death ris - ing You re -  
vealed new life Oh Je - sus you are here and yet to come.

Teri:

Together with God, we are the Body of Christ. And together we follow Christ that we might be a light in God's kin-dom.

Beloved God, Creator of all,  
You have invited each of us here today,  
And so we gather at your tables.  
We come from many places, differing in age, differing in race,  
differing in abilities and gender,  
differing in orientation, politics and even religion.  
As we come together around your tables,  
Knowing that all tables are Your Table, O God,  
we discover that our differences are not something we tolerate  
but that our differences are indeed a blessing,  
A beatitude in our midst;

God, the more difference we bring,  
the more diversity we honor,  
the more we live into being  
A Boldly Inclusive Catholic Church,  
Then the more fully we experience  
the presence of the sacred and the holy  
Of our God, in our midst.

In a society divided by race, gender, class, politics, ideology, sexual orientation, and so many other labels we alone have created, remind us God that we are created in your image, each of us a beautiful reflection of you, each of us your beloved child.

Help us then to end our conflicts and wars, our racism and phobias; help us to be peacemakers and agents of reconciliation

We also remember in our prayers our chosen shepherds, especially Bishop Kae and Bishop Paul. May they know Your presence being birthed into the world in new ways through them.

God, we share with you our prayers for our beloved dead. We are confident that you remember our ancestors who have gone to their rest, and now rest in your eternal embrace. May we one day join them, living into the fullness of the communion of saints and the Eternal Love that is you.

Teri: Together let us say:

***Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honor is yours all loving God, forever and ever.***

Mass of Welcoming  
Amen

MJS

Intro



A \_\_\_\_\_ men

A \_\_\_\_\_ men.



A \_\_\_\_\_ men

A \_\_\_\_\_ men.

## LORD'S PRAYER

Teri:....words that people have prayed with Jesus for centuries.

***Our Father, who art in Heaven, hallowed be thy name. Thy kin(g)dom come, thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil... For thine is the Kin(g)dom, the power, and the glory, now and forever.***

Mass of Welcoming  
Agnus Dei

MJS  
Text by:  
Fr. Teri Harroun

1. Liv - ing God, You feed the world that hun - gers for  
2. Liv - ing God, You quench the world that thir - sts for  
1. 2.  
You You  
Your Love trans - forms us  
To Verse 3  
3. Liv - ing God You bless the world cre - a - ted by You  
Grant us peace. Grant us peace.

Teri: This is the Living God, the Body and Blood of Christ. This is the one who transforms the world. This is the one who transforms us. Blessed are we who are called to this meal.

***God, I am ready to receive you. Because by your invitation, I am here.***

(Invitation to Communion)

Teri: Gives general instructions for Communion ending with.....The most important thing is that you know that you are welcome here.

Teri: For those who join us from home, receive the grace that God shares with you on this day.

Communion Song: # 808 Let Us be Bread

**Let Us Be Bread**

Refrain



Let us be bread, blessed by the Lord, bro-ken and shared,



life for the world. Let us be wine, love free-ly poured.



Let us be one in the Lord.

Verse 1



1. I am the bread of life, bro-ken for all.



Eat now and hun-ger no more. D.C.

Verse 2

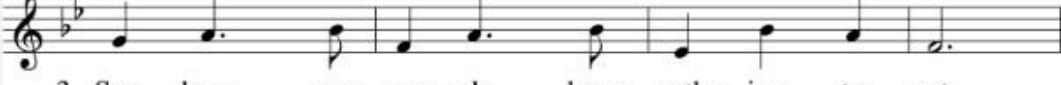


2. You are my friends if you keep my com-mands,



no long - er ser-vants but friends. D.C.

Verse 3



3. See how my peo-ple have noth - ing to eat.



Give them the bread that is you. D.C.

### **Prayer after Communion:**

Teri: Please rise in body or spirit. And let us pray..... By the grace of this sacrament we have shared, may we enlarge our circle of hospitality to recognize all of creation as our family in you. In our brother Jesus' name we pray. ***Amen***

Teri: The Love of God be with you. ***And also with you.***

Teri: Please open your hearts, as we ask for God's blessing. God of all, grant us the blessing of belonging. May we know that we are all beloved children of You, God, precious, and beautiful to behold. May we share that blessing with others. We ask for this blessing now, in the name of the Father, and of the Son, and of the Holy Spirit. ***Amen.***

Teri: We are Light of Christ. ***We are Light of Christ.***

A boldly inclusive Catholic church. ***A boldly inclusive Catholic church.***

Let us go forth as such. ***Let us go forth as such.***

Loving and serving God. ***Loving and serving God.***

As we get to love and serve in God's world.

***As we get to love and serve in God's world.***

Thanks be to God. ***Thanks be to God.***

Closing Song: # 663 City of God

City of God

Veruses 1, 2

1. A-wake from your slum-ber!  
2. We are sons of the morn-ing;  
A - rise from your  
we are daugh-ters of

sleep!  
day. A new day is dawn - ing  
The One who has loved us

for all those who weep.  
has bright-ened our way. The peo - ple in  
The Lord of all

dark - ness have seen a great light. The Lord of our  
kind - ness has called us to be a light for his

long - ing has con-quered the night.  
peo - ple to set their hearts free.

§ Refrain

Let us build the cit-y of God. May our tears be

turned in - to danc - ing! For the Lord, our light and our

love, has turned the night in - to day!

## Verse 3

3. God is light; in him there is no dark-ness. Let us walk in his light, his chil - dren, one and all.

O com-fort my peo-ple; make gen-tle your words. Pro - claim to my cit-y the day of her birth.

D.S.

## Verse 4

4. O cit-y of glad-ness, now lift up your voice. Pro - claim the good tid - ings that all may re - joice!

D.S.

Text: Dan Schutte, b.1947

Tune: Dan Schutte, b.1947; acc. by Robert J. Bataviani, b.1942

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