



**Light of Christ**  
A BOLDLY INCLUSIVE CATHOLIC CHURCH

**Our Mission:** Light of Christ Ecumenical Catholic Community is a vibrant, inclusive and welcoming community for all who, following the teachings and example of Jesus Christ, seek compassion, justice and peace in the world. We seek to live our faith through liturgy and prayer, community building and collaboration, study and service.

*All Are Welcome!*

## February 2026 Newsletter



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| <p>1000 West 15th Ave.<br/>Longmont, Colorado 80501<br/>(303)-772-3785<br/><br/><a href="https://lightofchristecc.org/">https://lightofchristecc.org/</a><br/><br/><u>Office hours</u><br/>Tues. - Thurs. 9am- 2 pm</p> | <p><b>Pastor</b><br/><b>Father Teri Harroun, MDiv, D. Min</b><br/>pastor@lightofchristecc.org</p> <p><b>Pastoral Care Assistant:</b> Tim Shead<br/>churchoffice@lightofchristecc.org</p> | <p><b>Parish Council Members:</b><br/>Paul Acker, Brenna Brackett, Ann Hess,<br/>Eric Matthews, Paulette Zimmermann<br/><br/>parishcouncil@lightofchristecc.org</p> <p><b>Stephen Ministry:</b><br/>stephenministry@lightofchristecc.org</p> |
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**Light of Christ  
A Boldly Inclusive Catholic Church  
Saturday Feb 7<sup>th</sup>, after Mass**

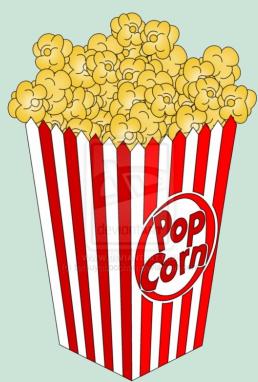


# **ALL PARiSH MEETING AND POTLUCK**

Remember to  
bring a dish to  
share and your  
own dishware  
and flatware

Zoom invitation  
sent in an all-  
parish email.

## **Watching for a Better World**



The Adult Formation Committee invites you to bring your own dinner and join others in the LOC office for a watch party and discussion about the topics raised by the Community Leaders Speaker Series that is being hosted by Habitat for Humanity.

On each of the six Tuesdays (February 3 & 17, March 3, 17, & 31, & April 14). Presentations will be streamed from 6:00 - 8:00 pm with time for those who wish to remain for open discussion after the presentations.



**Beloved**  
Community  
Longmont

## COMMUNITY LEADERS SPEAKER SERIES

Local leaders reflect on living Dr. King's six nonviolence principles.

**Courage**



**Rita Liu**  
**February 3**

**Understanding**



**Carmen Ramirez**  
**February 17**

**Justice**



**Fr Teri Harroun**  
**March 3**

**Transformation**



**Minister Glenda Robinson**  
**March 17**

**Love**



**Rev. Dr. David Barker**  
**March 31**

**Hope**



**Dr. Reiland Rabaka**  
**April 14**

Multiple ways to join! Tuesday Evenings at 6:00 PM  
Limited Seating for Live Audience at Longmont Public Media Studio  
Live Stream on YouTube or Watch on Longmont Channel 8

Register



Presented by: With Support from:



You can register at the link here: [Everbrite](#)



## Black History Month

Black history month is a month set aside to celebrate the accomplishments of African Americans. People like Supreme Court Justice Thurgood Marshall who wrote the legal decision, Brown v Board of Education in 1954, or Ida B. Wells, the journalist and civil rights advocate who led the national opposition to lynching during the Jim Crow era, or more recently Amanda Gorman, the first National Youth Poet Laureate who read at the inauguration of President Biden.

On **Saturday, February 14**, the Adult Formation Committee will set up their social justice book collection in the Narthex before and after Mass. Snacks will be available after Mass. As always, you are invited to borrow any book and read it at your own pace. *If you want to donate books to the collection, please bring them to church on or before February 14th.*

Come join us and tell us what you've been reading.

BLACK HISTORY MONTH

LENDING LIBRARY

February 14, 2026

Before and After 5pm Mass

Come check out a book and learn something in February.

Books available for all ages, including children, youth, and adults.

LIGHT OF CHRIST

Hosted by LOC Adult Formation Team

Meeting Lent again for the first time.



LOC will help provide  
supper on March 4th



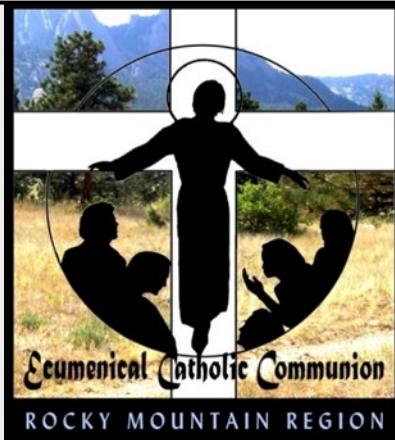
LIGHT OF CHRIST:

**ONLINE  
LENTEN  
RETREAT  
2026**

Meeting Jesus (and others) again for the First Time



Contact Fr. Teri by  
2/14 if you are  
interested.



The Compassionate  
Listening Project

**The Rocky Mountain ECC invites you to a  
10-hour Compassionate Listening Training**

**9 a.m.-3 p.m. Sat. February 28 AND 9 a.m.-1 p.m. Sat. March 14<sup>th</sup>  
Sliding scale tuition: \$25-75      Location TBD**

*"Humanity is waking up to our interconnectedness—  
to one another and to Earth. I believe that listening with compassion to ourselves and others  
is a key to this awakening, and that our evolutionary capacity is directly linked to our ability  
to navigate conflict." ~ Leah Green, Founder, TCLP*

**About our training:**

**Compassionate Listening – Healing Our World from the Inside Out**

Every spiritual master recognizes **listening** as the most precious gift we can give to another human being. In every human interaction, whether as mentor, friend, family member, co-worker, leader or social activist, the practice of Compassionate Listening builds trust, connection, compassion, respectful dialogue, and sustainable solutions.

The **Core Practices of Compassionate Listening** are covered in our training:

- **Cultivating compassion** for oneself and others - including **forgiveness**.
- **Suspending judgment**/becoming the **fair witness**;
- **Maintaining balance** in the heat of conflict/managing our **triggers**;

**Listening and Speaking from the heart**

This workshop strives to provide a taste of the practice and equip participants with a foundation for continued growth. A workbook is provided with additional reading and a wonderful bibliography for further exploration. Additionally, connections will be made with The Compassionate Listening Project where one can sign up for deeper learning and training.



## Save the date: St Patrick's Day Dinner

Mark Your Calendar for Saturday evening **March 14th at 6:30 pm** as we celebrate our annual St. Patrick's Day Dinner. It's a wonderful evening of great food and terrific entertainment!

Dinner will include corn beef, potatoes, and cabbage (hot dogs for kids), drinks and dessert. Once again, the McTeggar Irish Dancers, including our own *Rachel O'Neill*, will perform Irish Step Dancing.

The proceeds will be used to support this year's Adult Mission Trips. Tickets will be on sale in the narthex after all Masses starting **Feb 21st**. Ticket sales will be limited so get yours early. Watch your weekly bulletin for more information.

## Parish Council Highlights

- The 2026 Budget is complete.
- The review of Bylaws complete and ready for approval at the All Parish meeting.

## Rocky Mountain Regional Council Updates

The Rocky Mountain Regional Council (RMRC) works with our local Bishop Kae Madden to listen and respond to the Spirit's leading in the ECC here in Colorado. Some of what the RMRC has been working on in the past month include:

- RMRC is continuing the conversation regarding what was learned at the local Synod.

Fr. Teri and Steve de Haas are the LOC representatives to RMRC. Contact them if you have any questions. We normally meet the 1st Thursday of the month on Zoom.

## We are Light of Christ

### Online Retreats and Scripture Readings

foster personal spiritual and adult faith growth.

### Women of the Spirit Group

meets on the first Thursday of the month for discussion, support, prayer and fellowship.

### Men's Group

meets every Thursday evening to provide informal sharing and discussion

### Wednesday Morning Mass, Fellowship, and Discussions

offer spiritual and adult faith development.

### Prayer Shawl Ministry

gathers on the third Tuesday of the month to knit and crochet shawls and other items for those in need of comfort and joy.

### Stephen Ministry

is made up of trained members who listen and provide spiritual support to others facing tough times.

### Religious Education

meets the first Saturday of the month before Mass for children of all ages - no signups or fees.

### Prayer Partners

are available after Mass to listen to concerns in depth and to pray with you.

### The Pastoral Care Team

assists the pastor with home Eucharist visitation and phone calls.

### Sacraments and Sacramental Preparation

Are available to all without charge or precondition.

Contact the Church office for more information or how to participate

## In the World

### 11th Hour Bell Ringing

On the 11th day of every month, at 11:00am, for 11 minutes, Light of Christ members gather at the church bell out front and ring the bell once per minute to raise awareness for climate justice. Members of other faith traditions often join us.

### Social Justice Presentations

LoC hosts several presentations each year on various social justice topics. These discussions are open to the public and include the Stations of the Cross public presentation throughout Longmont.

### Round Pantry

LoC works with Westview Presbyterian and their Round Pantry to offer food support to hundreds of food-insecure families every two weeks.

### Growing Gardens

LoC supports Growing Gardens, a non-profit community garden project at the church grows and donates over 5,000lbs of food annually to local food banks.

### Pride Fest

LoC has supported Longmont Pride in June for many years with a table promoting our hospitality and a Communion Service where all are welcome to receive.

### ICE Detention Visits

Members of Light of Christ are supporting the spiritual and pastoral care needs of those awaiting status determinations in the ICE detention facility in Aurora.

### Annual Mission Trips

LOC adults collaborate with Bethlehem Lutheran adults for an annual mission trip, traveling to places all over the nation and building shelter to disadvantaged communities or those hit by disaster. The entire LOC community supports these missionaries and their fundraising efforts.

### Little Pantry

Members of Light of Christ provide food for the Little Pantry, a local, self-serve pantry providing essentials to those who may need it.

Contact the Church office for more information or how to participate

## PRAYER CORNER



### Please keep these friends in your prayers

Amelia Degnan; Ann Schumacher; Bo Macreag; Donna Stang; Gina Hinnegan; Heino Beckman; Janell Flaig; Jona Johnson; Judith Link; Kathy Pirie; Linda Moses; Linda Kay Christon; Matt James; Michael Degnan; Patrick Degnan; Paula Degnan; Rita Rose Bergen; Sharon Cramer; Steve and Veronica Neer; Suzanne Juhaz; Wes Evans; Will Currier

*We update our prayer corner monthly. If you or your loved one would like to be included on the corner, please contact the office and we'd be happy to add you.*

## READINGS

Our online readings this year are from "The Road We Make by Walking". Please join us on Facebook Live every **Tuesday at 10AM**.

Light of Christ is using the FutureChurch Inclusive Lectionary. Please contact the Church Office for more information.

LoC Parish Council and Rocky Mountain Regional Council meetings are open to all members to observe. Please contact Fr. Teri regarding RMRC meeting information.

**Weather Closure:** The office follows the St. Vrain Valley School District weather closure schedule. If schools are closed, the Church Office will also be closed.

A printed copy of our Bylaws, policies and procedures are available in the Church Office for members to review.

## Your Donations Make a Difference

Your donations of time, talent and treasure make Light of Christ the community it is. Ways to give include in person, through the mail, automatic checks from your bank (like bill pay) or even online via PayPal with the QR link.

If you would like to help out with something at church, volunteer opportunities are always available. Contact the church office for more information. Thank you for your support!



Please submit items for the newsletter by the 20th of the month.



## ASSISTANCE

### Suicide & Crisis Lifeline: 988

### LGBTQ+ Youth-specific crisis lifeline: 1-877-330-6366

**Prayer Partners:** These prayer ministries welcome and invite you, in confidence, to share your concerns in more detail or depth, or even to pray for you when you can't find the words. You can email our Prayer Companion Team at [prayercompanionteam@lightofchristecc.org](mailto:prayercompanionteam@lightofchristecc.org) and someone will reach out to you.

**Rite of Reconciliation:** The Rite of Reconciliation is available after Mass or by Appointment. Please contact Father Teri or the Church office for more information.

If you need assistance during this time, there are several resources available in Longmont:

**HOPE Longmont**, located at:

804 Lincoln St.  
Longmont, CO 80501  
(720) 494-4673

**THE OUR CENTER**, located at:

220 Collyer St.  
Longmont, CO 80501  
(303) 773-5529

**THE ROUND PANTRY**, located at:

1500 Hover St. (Westview Pres)  
Longmont, CO 80501  
(303) 776-3242