

14th Weekend Ordinary Time

July 4th 2026

Responses of the People are in ***bold***



Light of Christ
A BOLDLY INCLUSIVE CATHOLIC CHURCH



President: Fr. Dr. Teri Harroun

Liturgist: Tim

Welcome and announcements:

Opening Song: Table of Plenty

TABLE OF PLENTY

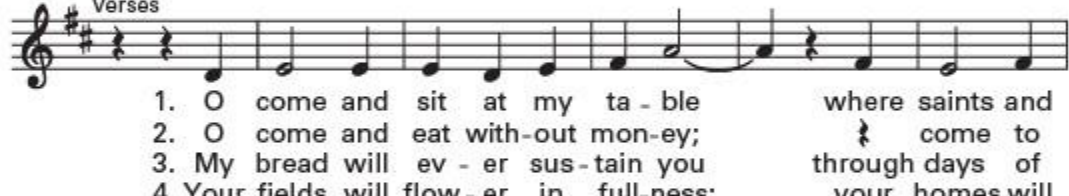
Dan Schutte

Refrain



Come to the feast of heav-en and earth! Come to the ta -
- ble of plen - ty! God will pro-vide for all that we
need, here at the ta - ble of plen - ty.

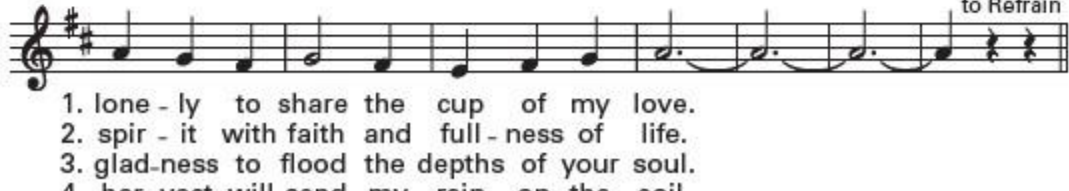
Verses



1. O come and sit at my ta - ble where saints and
2. O come and eat with-out mon-ey; & come to
3. My bread will ev - er sus-tain you through days of
4. Your fields will flow - er in full-ness; your homes will



1. sin - ners are friends. I wait to wel-come the lost and
2. drink with-out price. My feast of glad-ness will feed your
3. sor - row and woe. My wine will flow like a sea of
4. flour - ish in peace. For I, the giv - er of home and



1. lone - ly to share the cup of my love.
2. spir - it with faith and full - ness of life.
3. glad-ness to flood the depths of your soul.
4. har - vest, will send my rain on the soil.

to Refrain

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Invocation and Introduction: Teri

Let us continue as one expression of God's people. + Father, Son,
Holy Spirit. **Amen.**

May the Love of God, the care and compassion of the Incarnation, and the Fire of the Holy Spirit be with you all. **And also with you.**

4th of July

Our faith community brings people together online and onsite in worship of God. Our God is a god of all people and all nations, not just the United States of America. We gather not as Americans, but as children of God, one expression of God's people and members of a universal faith movement that, like God, transcends nations, cultures, creeds, languages and races. Anything that exalts the USA or its citizens over other people has no place here.

Our Mass does not change on or around Independence Day. Our hearts and minds should be centered above all else in honoring God and being faithful disciples of Jesus Christ, open to the movement of the Holy Spirit in our lives. Yes, we pursue liberty and justice for all. May the 4th of July be an occasion to renew our conviction as followers of Jesus to work to reveal the Reign of God and God's love in our world, not just in our country.

Penitential Rite

Let us turn to our God, who sits at every table:

God, You are the Creative Word that created the entire cosmos. Lord have mercy. **Lord have mercy**

Christ, You send us forth two by two. Christ have mercy **Christ have mercy**

Spirit of God, Your Breath brings healing and wholeness. Lord have mercy **Lord have mercy**

Hear the Good News! Christ's life, death and resurrection have revealed life eternal for you. Your sins are forgiven. Turn again to God, renewed in the name of Love, in the name of Light, in the name of New Life. Together now we pray. **Amen**

Mass of Welcoming Glory and Praise in C

MJS
Text by
Fr. Teri Harroun

Intro

REFRAIN

Bless - ed are you O
God Glo - ry and praise for - ev - er

VERSE 1

Praise - wor - thy and ex - al - ted for - ev - er and
bless - ed is your ho - ly and glo - ri - ous name for all a - ges!

To REFRAIN

VERSE 2

Bless - ed are you on the throne of your kin(g) dom Glo - ry and praise for -
ev - er Bless - ed are you who look in - to the depths
Bless - ed are you O God

To REFRAIN

Opening Prayer

Declaration of Interdependence (Written by Melanie Bacon and adapted):

Let us pray.... God of interdependence, help us hold these truths to be self-evident: That all life is interconnected, and endowed by You, our Creator, with certain inalienable rights and responsibilities. That among these are presence, compassion, and the pursuit of happiness. That to secure these rights and responsibilities, we open our minds and hearts to the needs of

others, and our own true needs. May we hear the sound of the living universe in our ears, and add our voices to that song. And for the support of this Declaration, we pledge to each other our love and our breath; for the freedom of the one is the freedom of the all, and the pain of the one is the pain of the all; the breath of the one is the breath of the all, and the breath of the all is the Breath of God. We ask this in the name of the Creator of all, **AMEN**.

Liturgy of the Word

First Reading: Tim and Teri

Tim: Our 1st reading is a spoken adaptation of the song “America, the Beautiful” and Dr. Martin Luther King’s “I Have a Dream” speech.

Tim: With God before you, then, let freedom ring!

Teri: Oh beautiful, for spacious skies

Tim: Let freedom ring from the prodigious hilltops of New Hampshire!

Teri: For amber waves of grain

Tim: Let freedom ring from the mighty mountains of New York!

Teri: For purple mountain majesties

Tim: Let freedom ring from the heightening Alleghenies of Pennsylvania!

Teri: Above the fruited plains

Tim: Let freedom ring from the snow capped Rockies of Colorado!

Teri: America, America, share God's grace abundantly

Tim: Let freedom ring from the curvaceous slopes of California!

Teri: Live as beloved community

Tim: Let freedom ring from Stone Mountain of Georgia!

Let freedom ring from Lookout Mountain of Tennessee!

Let freedom ring from every hill and molehill of Mississippi!

Teri: From sea to shining sea

Tim: From every mountainside, let freedom ring!

When we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black and white, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual Free at last, free at last, thank God almighty we are free at last.

This has been a spoken reading of America the Beautiful and MLK Jr's Let Freedom Ring. ***Thanks be to God.***

Psalm: America the Beautiful

AMERICA THE BEAUTIFUL

MATERNA



1. O beau - ti - ful for spa - ci - ous skies, For am - ber waves of grain,
2. O beau - ti - ful for pil - grim feet, Whose stern, im - pas - sioned stress
3. O beau - ti - ful for he - roes proved In lib - er - at - ing strife,
4. O beau - ti - ful for pa - triot dream That sees be - yond the years



1. For pur - ple moun - tain maj - es - ties A - bove the fruit - ed plain!
2. A thor - ough - fare for free - dom beat A - cross the wil - der - ness!
3. Who more than self their coun - try loved, And mer - cy more than life!
4. Thine al - a - bas - ter cit - ies gleam, Un - dimmed by hu - man tears!



1. A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,
2. A - mer - i - ca! A - mer - i - ca! God mend thine ev - 'ry flaw,
3. A - mer - i - ca! A - mer - i - ca! May God thy gold re - fine,
4. A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,



1. And crown thy good with broth - er - hood From sea to shin - ing sea.
2. Con - firm thy soul in self - con - trol, Thy lib - er - ty in law.
3. Till all suc - cess be no - ble - ness, And ev - 'ry gain di - vine.
4. And crown thy good with broth - er - hood From sea to shin - ing sea.

Text: CMD; Katherine L. Bates, 1859-1929. Music: Samuel A. Ward, 1848-1903.

Second Reading: Tim

A Reading from the prophet, Zechariah (9:9-10)

Rejoice in heart and soul, daughter of Zion, shout with gladness, daughter of Jerusalem! Look! Your ruler comes to you” victorious and triumphant, humble, riding on a donkey. The ruler will banish chariots from Ephraim, and horses from Jerusalem; the bow will be banished. The ruler will


proclaim peace for the nations; the empire stretching from sea to sea from the River to the ends of the earth.

This has been a Reading from prophet Zechariah. **Thanks be to God.**

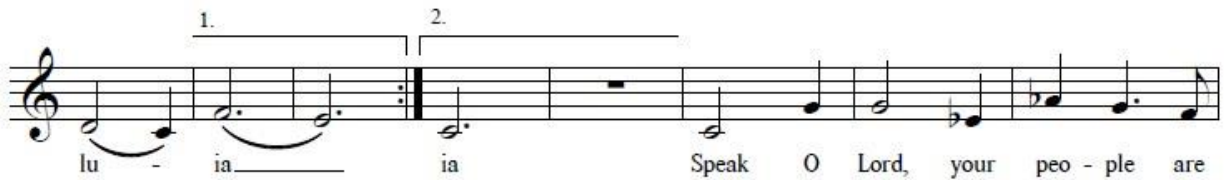
Mass of Welcoming Gospel Acclamation

MJS

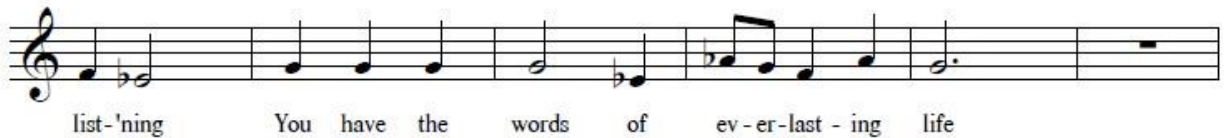
Intro



Al - le - lu - ia al - le - lu - ia al - le -



1. lu - ia 2. ia Speak O Lord, your peo - ple are



list-'ning You have the words of ev - er - last - ing life

Final REFRAIN



Al - le - lu - a al - le - lu - a al - le - lu - ia

Gospel Reading: Teri

The Risen Christ be with you all. ***And also with you.***

A reading from the Holy Gospel according to Matthew (11:25-30). ***Glory to you, O God+***

At that time Jesus exclaimed:

"I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will.

All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him."

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

A Reading from the Gospel according to Matthew.

Praise to you, Jesus the Christ.

Homily

Prayers of the People: Tim

Response: Our response today is ***May peace and justice flow through us.***

For our nation as we celebrate Independence Day and our Semiquincentennial, that we may continually strive for a more perfect union, with liberty, justice, and equality for all. We pray: ***May peace and justice flow through us.***

For our church and all who labor to bring the Reign of God to birth in our world, that we may be instruments of God's peace in our community, nation and in our world. We pray: ***May peace and justice flow through us.***

For those affected by natural disasters, especially those affected by recent wildfires. May they know the comfort of God and community in these trying times. We pray: ***May peace and justice flow through us.***

For those who are sick. For those who struggle, who feel divided, isolated or alone. (we pray especially for _____). May they feel the embrace of community and God walking with them. We pray: ***May peace and justice flow through us.***

For all who have died, (especially _____,) that they may know eternal light, rest, and peace. We pray: ***May peace and justice flow through us.***

Fr. Teri will now read the prayers that have been typed in the comments (PAUSE until Teri tells you to go on.) For these and for all the prayers we share through our hearts, we pray: ***May peace and justice flow through us.***

In addition, Prayer Partners will be available after Mass here in the Sanctuary by the back altar. For those at home, or those who have a prayer to share during the week, you can email our Prayer Companion Team at prayercompanionteam@lightofchristecc.org and someone will reach out to you. These prayer ministries welcome and invite you, in confidence, to share your concerns in more detail or depth, or even to pray for you when you can't find the words.

Collect: Teri

Sign of Peace

Offertory Song: Here I am, Lord

Here I Am, Lord

Verses



1. I, the Lord of sea and sky, I have heard my
 2. I, the Lord of snow and rain, I have borne my
 3. I, the Lord of wind and flame, I will tend the



peo - ple cry. All who dwell in dark and sin
 peo - ple's pain. I have wept for love of them.
 poor and lame. I will set a feast for them.



My hand will save. I who made the
 They turn a - way. I will break their
 My hand will save. Fin - est bread I



stars of night, I will make their dark - ness bright.
 hearts of stone, Give them hearts for love a - lone.
 will pro - vide Till their hearts be sat - is - fied.



Who will bear my light to them? Whom shall I send?
 I will speak my word to them. Whom shall I send?
 I will give my life to them. Whom shall I send?

Refrain



Here I am, Lord. Is it I, Lord? I have heard you



call - ing in the night. I will go, Lord, if you



lead me. I will hold your peo - ple in my heart.

Text: Isaiah 6; Dan Schutte, b.1947
 Tune: Dan Schutte, b.1947; arr. by Michael Pope, SJ, and John Weisrock
 © 1981, OCP Publications

Liturgy of the Eucharist

(parts of this Eucharistic prayer come from Rev. Sue Ringler, ECC priest)

Preface: Fr. Teri

Blessed are you, Loving God of all Creation, through your goodness we have this bread and this wine to place on your table. Work of earth and human hands. May these become our spiritual food and drink. ***Blessed be God forever.***

Blessed are you, Loving God of all Creation, through your goodness we have these gifts to place on your table. They represent our entire lives, and all that we have to offer. These gifts have traveled through purses, pockets, and even the mail. May these become the Light of Christ in your world. ***Blessed be God forever.***

Pray my sisters and brothers, my family, that these our gifts, our lives may continue to be blessed by our Loving God.

May the Lord accept the sacrifice at our hands, for the praise and glory of God's name, for our good and the good of all God's world.

The peace of our God be with you all.

And also with you.

Open up our hearts.

We open them up to God.

Let us give thanks to our Loving God.

It is right to give God thanks and praise.

Blessed are you, O God, for waves of grain and harvesters, fruitful vines and winepresses, for our labor and our rest, for the gifts of your hand in this land. Transform us and what we offer into the banquet of your compassion, serving your love without limits through our brother Jesus the Christ. Eternal God, Creator of all, it is right that we give you praise and glory as

we come together in thanksgiving. You have blessed all creation in love and in joy, continually calling us to a new and more abundant life. You invite us to trust in your mercy for you are always ready to forgive us and to gift us with peace when we forgive, too. You ask us to serve the people of this world by opening our hearts to the fullness of your Holy Spirit and to proclaim the power of your love. In wonder and gratitude, we join our voices with all of creation, with the choirs of angels and saints who have gone before us, as together we sing:

Mass of Welcoming Holy, Holy, Holy

MJS
Text by
Fr. Teri Harroun

Intro

Ho - ly ho - ly ho - ly One God of pow-er and
love hea - ven and earth are full of your glo - ry Ho -
san - na in the high - est Bless - ed is the
One who comes in the name of this Ho - ly One Ho - san - na in the
high - est Ho - san - na in the high - est.

Loving God, you are holy indeed. All life, all holiness comes from you. We come to thank you for your Son, Jesus for it is through him that we experience your message of total acceptance of all people, a welcome that includes everyone and invites everyone to this Eucharistic table of equals. It was Jesus who healed all divisions and recognized You, God, present within all of creation. He brought to light your way of compassion and justice, helping us to understand the need to care for each other with dignity and respect. He taught us by his life and by his death and resurrection to be true to ourselves, even if we, also, might need to give up everything as he did.

In memory of his death and resurrection, we offer you, Compassionate God, this life-giving bread, this transforming cup. May all of us who share in the body and blood of Christ, be brought together in unity by the Holy Spirit.

May we be One with the love of Christ, joined by the love of all of us gathered here both in the sanctuary and through your gift of the internet. We send prayers to all in leadership in every place of worship, especially for our chosen shepherds Bishop Kae and Bishop Paul, and for all who serve God's creation. We pray for all countries and their leaders that they may create justice and equality for their peoples; may peace come to our own country as well as to all the troubled lands of our world. We pray for all who are sick that health may soon be theirs, especially we pray for all who have died. May they be in peace and may they welcome us, one day, into the place of eternal peace. In that new creation where the fullness of your peace will be revealed, gather people of every race, language and way of life to share in the one eternal banquet with Jesus Christ our Eternal Brother.

Together now, we say.....

Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honor is yours all loving God, forever and ever.

Mass of Welcoming Amen

MJS

Intro

A men A men.

A men A men.

Our Father

Teri: Let us join hearts together, a symbol of how God is circling the world right now and prayer words that have been prayed for centuries.

Our Father, who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil...

***For the Kingdom, the power, and the glory are yours now and forever.
Amen.***

Mass of Welcoming Agnus Dei

MJS

Text by:
Fr. Teri Harroun

1. Liv - ing God, You feed the world that hun - gers for
2. Liv - ing God, You quench the world that thir - sts for

You Your Love trans - forms us To Verse 3

3. Liv - ing God You bless the world cre - a - ted by You

Grant us peace. Grant us peace.

This is the Living God. This is the Body and Blood of Christ. The one who transforms the world with love. The one who transforms us. Blessed are we who are called to this meal.

God, I am ready to receive you. Because by your invitation, I am here.

Invitation to Communion

It is here at these tables that we find hope and imagination to see God's dream and promise of a world of wholeness, and it is here that we receive the nourishment and strength to continue on the paths of justice. No matter where you are on your journey, you are invited to come and receive.

(Receive the grace that Christ shares with you this day.)

Communion Song: Make Me a Channel of Your Peace

Make Me a Channel of Your Peace

Verses 1, 2, 4



1. Make me a chan-nel of your peace. Where
2. Make me a chan-nel of your peace. Where
4. Make me a chan-nel of your peace. It



there is ha-tred, let me bring your love. Where
there's de-spair in life, let me bring hope. Where
is in par-don-ing that we are par-doned, in



there is in-ju-ry, your par-don, Lord, And
there is dark-ness, on-ly light, And
giv-ing of our-selves that we re-ceive, and in



where there's doubt, true faith in you.
where there's sad-ness, ev-er joy.
dy-ing that we're born to e-ter-nal life.

Verse 3



3. Oh, Mas-ter, grant that I may nev-er seek So much to be con-



soled as to con-sole. To be un-der-stood as to un-der-



stand. To be loved as to love with all my soul.

Text: *Prayer of St. Francis*; adage, by Sebastian Temple, 1928-1997
Tune: Sebastian Temple, 1928-1997; acc. by Robert J. Bacastini, b.1942
© 1987, OCP
Dedicated to Mrs. Frances Tracy

Prayer after Communion: Teri

Let us pray...We thank you, God of heaven and earth, that you fill our deepest need with the very gift of Jesus the Christ. Pour us out into a broken world. Channel our common life toward the common good, following the way Jesus leads us now and forever. In Jesus' name we pray, ***Amen***

Blessing/Prayer for the USA: Teri

(Frederick Schmidt)

Gracious God, lover of souls,
You have made us for community,
For relationships fixed in time and space,
Woven through common experiences,
Inspired by shared struggles.
Dedicated to common goals.
We give thanks for this nation of ours,
For its commitment to liberty,
For the vision of its founders,
For the bravery of its citizenry,
For its defense of the weak,
For its love of justice.....
On this day of national celebration,
As we mark the anniversary of this great experiment,
Strengthen us in our resolve to act justly,
To care for the weak,
To defend the persecuted,
And to foster freedom and peace.
When we fail,
Make us quick to confess our faults,
Strong enough to amend our ways,
And mindful of the inheritance entrusted to us.

Defend us, we pray, against
Tyrannies that challenge us from without,
And ideologies that erode from within.....
And remind us all, that we enjoy this land of ours
For only a brief time,
As the place where we do our work,
Delight in our families,
Care for our neighbors,
And nurture our faith.....
Let us never confuse the gift we have been given with the Giver,
Let us never confuse our will with Yours,
Let us never suppose that our lives matter more than those of others.
Lead us, instead, to live out of gratitude,
And serve with abandon.....(In Jesus' name we pray)
Amen.

Blessing and Dismissal: Teri

The Love of God be with you. ***And also with you.***

Let us open our hearts to receive God's blessing.

God of all peoples, We are part of everything, not separate at all. We are connected to every person by Your Breath that flows through all Creation, through all time. So here in this time, in this space, we ask you to bless us as you bless all the world, in the name of the Father, and the Son, and the Holy Spirit. **Amen.**

Please repeat our sending forth after me:

We are Light of Christ.... **We are Light of Christ**

Let us go forth as such..... **Let us go forth as such**

Loving and serving God..... **Loving and serving God**

As we get to love and serve in God's world....**As we get to love and serve in God's world.**

Thanks be to God...**Thanks be to God.**

Closing Hymn: This Land

THIS LAND

Lyrics by Woody Guthrie

Melody traditional

This land is your land 'n this land is
my land, From Ca - li - for - nia to the New York
is - land, From the redwood fo - rest, to the gulf stream
wa - ters: This land was made for you and me.

As recorded by Woody Guthrie in April 1944.

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